



creative age



A weekly creative activity group for people living with dementia and their carers

ARC, Stockton Arts Centre

Tuesdays from 29 Sept 2015

10-11.30am

£2 (free to carers)



Supported using public funding by
ARTS COUNCIL ENGLAND



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A weekly creative activity group for people living with dementia and their carers

Join us for lively and supportive creative sessions at ARC, designed for people living with the early stages of dementia and their carers.



- Activities will be sociable and develop creativity.
- Every few months, we will explore a different creative activity. Over time, you will have the opportunity to try a variety of activities such as storytelling and creative writing, arts and crafts, drama and movement.
- From September to November sessions will be led by Romi Jones. Romi is a writer, who uses stories, poetry and images to encourage people to explore their individual creativity.

Our doors are open to anybody who would like to take part. If you feel that the cost of attending or travelling to Creative Age sessions may be an issue, please contact the Creative Programmes team on **01642 525183**, so that we can discuss how we may support you to attend.